

Bahamas



WHAT YOU NEED TO KNOW

Airports	Nassau International Airport (NAS), New Providence, Freeport Airport Grand Bahama Island hopper flights available to other Islands
Flight Information	Direct flights from UK to Nassau
Entry Requirements:	British Nationals do not require a visa for stays up to three months. Lone parents or other adults travelling with children may need to produce documentary evidence of parental responsibility when entering or leaving The Bahamas. You must be in possession of a return/onward ticket
Capital	Nassau, New Providence (second largest city Freeport, Grand Bahama)
Telephone	Island Code – 242 followed by the in-island seven digit number
Time Zone	Eastern Standard Time – Five hours behind UK in winter, 6 hours behind in Summer
Health Requirements	Medical treatment is of a good standard but can be expensive. It is recommended that medical insurance covers air ambulance costs as complex medical cases are either treated at Nassau or referred overseas – Freeport or Miami Hepatitis A vaccination is recommended Please contact your health advisor for further current and specific advice
Transport Options	Inter-Island aircraft, taxis and ferries are available. Car hire is also available. Full Uk Licences can be used up to three months. Driving is on the left.
Safety	It is recommended that you do not walk alone particularly away from the tourist areas and after dusk. Extra care should be taken travelling on local buses away from tourist areas and after dusk. Do not offer resistance in the event of attempted robbery. Crime on the main Islands is concentrated within local communities. The Out-Islands are relatively free of crime – sensible precautions should be taken. If arranging your own water sports activities – the following should be undertaken. Only experienced jet-skiers should rent equipment in New Providence or Paradise Island areas. Ensure adequate safety precautions are in place when renting equipment, rent equipment only from reputable operators and undertake sufficient training before use. You should check operators have sufficient insurance cover.
Electricity	120 volts – (the type used in North America)–an adaptor will be needed for uk appliances
Laws & Customs	

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We strongly recommend that you arrange travel and medical insurance to cover all activities you expect to undertake during your vacation. Whilst we take every care in compiling travel advice, Oasis Places cannot accept liability for any injury, loss, or damage in any respect of any information provided.

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